

# TACTICAL ATHLETE MEDIC COURSE

ADS GSA Contract No. GS-07F-6072P

NSN: 6515-01-686-7647 - Extra Sticky, Black

NSN: 6515-01-686-7653 - Extra Sticky, Beige

NSN: 6515-01-686-7465 - Extra Sticky, PreCut , Black

NSN: 6515-01-686-7511 - Extra Sticky, Bulk, Black

# **CONTACT INFORMATION**

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**FMT Tactical Athlete Medic Certification Course** introduces the concept of movement therapy and performance enhancement to create simple and effective non-opioid musculoskeletal treatment and selfcare programs for the tactical athlete.

Musculoskeletal injuries are one of the leading causes of non-combat related injuries within the Department of Defense.

This course is a new paradigm for decreasing Return-to-Duty timelines and increasing force readiness with each athlete and command.

#### **EDUCATION OBJECTIVES OF FMT TAMC**

#### At the conclusion of the course, attendees will be able to:

- 1. Discuss the role of a systematic approach to mobility, motor control and stability for the tactical athlete
- 2. Discuss movement screening techniques to identify faulty motor patterns
- 3. Discuss the physiological effects of kinesiology taping
- 4. Demonstrate functional taping and understand its role and use for the applications of rehabilitation, edema management, injury recovery and posture and dynamic movement management with the tactical athlete
- Demonstrate and discuss the concept myofascial manipulation using foam rollers compressional band therapy
- **6.** Demonstrate and discuss the use of elastic therapeutic bands as a mobility and stability tool

Our goal is providing United States Military Medics and Corpsman with tools to treat and/or mitigate common injuries with evidence-based, field-applicable and practical practices.

There is no greater asset in our military than the people that wear the uniform. RockTape's goal is to ensure our fighting forces are ready and prepared for any mission.

#### **CEU INFORMATION**

AT-RockTape (BOC Approved provider #P8570) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. This program is eligible for a maximum of 6 hours/CEUs Category A FMT Tactical Athlete Medic Certification. ATs should claim only those hours actually spent in the educational program.

Organizational Accreditation application in progress with Commission on Accreditation for Prehospital Continuing Education (CAPCE)

This continuing education activity is approved by the Commission on Accreditation for Pre-Hospital Continuing Education (CAPCE) Course #: 19-ROTA-F1-1015, CEH Number and Type: 6.00 Basic CEH. You have participated in a continuing education program that has received CAPCE approval for continuing education credit. If you have any comments regarding the quality of this program and/or your satisfaction with it, please contact CAPCE at: P O Box 293835, Lewisville, TX 75029 - 972.247.4442 - jscott@capce.org.

"Military training-related MSK injuries have been called "the single most significant medical impediment to military readiness."

# -Army Public Health Center: Injury Prevention Division

#### **INCLUDED PRODUCTS**

- 2 Rolls of 2" Standard (Continuous) Kinesiology Tape
- 2" RockFloss compression band
- Scissors

## **REGISTER FOR A CLASS:**

#### TAMC 1-20 Attendees:

shop.rocktape.com/tamc-1-20-attendees

#### TAMC 21-30 Attendees:

shop.rocktape.com/tamc-21-30-attendees

#### TAMC 31-40 Attendees:

shop.rocktape.com/tamc-31-40-attendees

# TAMC 41-60 Attendees:

shop.rocktape.com/tamc-41-60-attendees

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# ADS GSA Contract GS-07F-6072P Price List for RockTape Tactical Athlete Medics Course (TAMC)



Manufacturer	ADS Part No.	Course Description	MSRP	,	ADS GSA Price
ROCKTAPE	C01151	FMT Tactical Athlete Medic Certification Course for 1-20 attendees introduces the concept of movement therapy and performance enhancement to create simple and effective non-opioid musculoskeletal treatment. Included products:  •1 Scissors	\$ 9,166.67	\$	6,926.95
		•2" RockTape Continuous Kinesiology Tape •2" RockFloss compression band.			
ROCKTAPE	C01152	FMT Tactical Athlete Medic Certification Course for 21-30 attendees plus includes products as stated above.	\$ 10,833.33	\$	8,186.40
ROCKTAPE	C01153	FMT Tactical Athlete Medic Certification Course for 31-40 attendees plus includes products as stated above.	\$ 12,500.00	\$	9,445.84
ROCKTAPE	C01154	FMT Tactical Athlete Medic Certification Course for 41-60 attendees plus includes products as stated above.	\$ 14,166.67	\$	10,705.29
ROCKTAPE	C01229	Tactical Athlete Medic Course Training Series for 1-20 attendees. Education Only.	\$ 8,333.33	\$	6,297.23
ROCKTAPE	C01230	Tactical Athlete Medic Course Training Series for 21-30 attendees. Education Only.	\$ 10,000.00	\$	7,556.68
ROCKTAPE	C01231	Tactical Athlete Medic Course Training Series for 31-40 attendees. Education Only.	\$ 11,666.67	\$	8,816.12
ROCKTAPE	C01232	Tactical Athlete Medic Course Training Series for 41-60 attendees. Education Only.	\$ 13,333.33	\$	10,075.57
ROCKTAPE	C01233	RockTape Taping Education Course for 1-20 attendees.	\$ 7,833.33	\$	5,919.40
ROCKTAPE	C01234	RockTape Taping Education Course for 21-30 attendees.	\$ 9,500.00	\$	7,178.84
ROCKTAPE	C01235	RockTape Taping Education Course for 31-40 attendees.	\$ 11,166.67	\$	8,438.29
ROCKTAPE	C01236	RockTape Taping Education Course for 41-60 attendees.	\$ 12,833.33	\$	9,697.73